

TAKE A



bravestep

Our Mission

Brave Step strengthens adults impacted by sexual abuse by providing meaningful steps on their healing journey

DID YOU KNOW



So grateful for Brave Step. The difference it makes in a life like mine, and so many others, is phenomenal.

- Survivor

We design personalized care plans and offer inspiration, education and connection for survivors and their loved ones.



sexual abuse

How We Can Help

- Individual Therapy
- Group Counseling
- Online Support & Resources
- Empowerment Programs
- Peer-Led Support Groups
- Ways to Find One's Voice

BraveStep.org
support@bravestep.org
704-361-5230



@Abravestep